

# Realistic First Aid Grading Sheet

Bad Hike

|    | <b>Good Things:</b>                          | Points: | Front. | Vikings | Moose |
|----|----------------------------------------------|---------|--------|---------|-------|
| 1. | Check that the scene is safe                 | 10      |        |         |       |
| 2. | Call 911                                     | 10      |        |         |       |
| 3. | Check for injuries                           | 5       |        |         |       |
| 4. | Apply bandages and pressure to slow bleeding | 5       |        |         |       |
| 5. | Splint sprained ankle                        | 5       |        |         |       |
| 6. | Move victim using a stable carry             | 10      |        |         |       |
|    | <b>Bad Things:</b>                           |         |        |         |       |
| 1. | Carrying the victim without splinting ankle  | -10     |        |         |       |
| 2. | Using an unstable carry                      | -5      |        |         |       |
| 3. | Dropping the victim                          | -10     |        |         |       |
|    | <b>Total:</b>                                |         |        |         |       |

# Realistic First Aid Grading Sheet

Car accident

|    | <b>Good Things:</b>                                                  | Points: | Front. | Vikings | Moose |
|----|----------------------------------------------------------------------|---------|--------|---------|-------|
| 1. | Check that the scene is safe                                         | 10      |        |         |       |
| 2. | Call 911                                                             | 10      |        |         |       |
| 3. | Send someone to warn traffic                                         | 5       |        |         |       |
| 4. | Check for conciseness                                                | 5       |        |         |       |
| 5. | Check pulse and breathing                                            | 5       |        |         |       |
| 6. | Check for injuries                                                   | 3       |        |         |       |
| 7. | Apply bandages and pressure to slow bleeding                         | 5       |        |         |       |
| 8. | Bandage the compound fracture by wrapping around the protruding bone | 10      |        |         |       |
| 9. | Treat for shock                                                      | 3       |        |         |       |
| a. | - Lay victim down                                                    | 2       |        |         |       |
| b. | - Elevate good leg                                                   | 2       |        |         |       |
| c. | - Cover with garments to keep warm                                   | 2       |        |         |       |
|    | <b>Bad Things:</b>                                                   |         |        |         |       |
| 1. | Move the victims in any way                                          | -15     |        |         |       |
| 2. | Try to reset the bone                                                | -5      |        |         |       |
|    | <b>Total:</b>                                                        |         |        |         |       |

# Realistic First Aid Grading Sheet

Electric jog

|    | <b>Good Things:</b>                                          | Points: | Front. | Vikings | Moose |
|----|--------------------------------------------------------------|---------|--------|---------|-------|
| 1. | Check that the scene is safe                                 | 10      |        |         |       |
| 2. | Call 911                                                     | 10      |        |         |       |
| 3. | Use a long stick or non-conductive object to remove the wire | 10      |        |         |       |
| 4. | Check for conciseness                                        | 5       |        |         |       |
| 5. | Check pulse and breathing                                    | 5       |        |         |       |
| 6. | Check for injuries                                           | 3       |        |         |       |
| 7. | Bandage burns with gauze                                     | 5       |        |         |       |
| 8. | Apply bandages and pressure to slow bleeding                 | 5       |        |         |       |
| 9. | Treat for shock                                              | 3       |        |         |       |
| a. | - Lay victim down                                            | 2       |        |         |       |
| b. | - Elevate legs                                               | 2       |        |         |       |
| c. | - Cover with garments to keep warm                           | 2       |        |         |       |
|    | <b>Bad Things:</b>                                           |         |        |         |       |
| 1. | Touch anything in contact with the wire                      | -20     |        |         |       |
| 2. | Apply cream to burns                                         | -5      |        |         |       |
|    | <b>Total:</b>                                                |         |        |         |       |